



City Academy School Sports Partnership

Key Stage 1 and Key Stage 2

Virtual Festival Programme
2009-2010

Virtual Festival Structure 2009/2010

Following the success of the Virtual Festivals last year, we are continuing with the same festival structure this year. There are some changes with some of the activities, but the key principles are the same.

KS1 and KS2

Key Points

- As many schools operate a House system, we have decided to divide the classes into 4 teams. As last year, F.S/KS1 classes will be divided into fruity teams. This year Apples (green), bananas (yellow), Strawberries (red) will be joined by Blueberries (blue).
- KS2 classes will be named after British gold medallists from the Beijing Olympics. Addlingtons (Red), Hoys (yellow), Ohurougus (blue), Ainsleys (green)
- By linking each fruit/Olympian to a colour, scores from Key stage 1 classes can be added to the scores of Key stage 2 classes
- Festivals will be held 3 times a year (one every 2 terms).
Festival dates are as follows:
 1. Week beginning Nov 9th – Dishes and Domes
 2. Week beginning March 1st – Treasure Chest
 3. Week beginning June 21st – Round The World
- In order for the 'inter' part of the competition to work, all schools must participate during the same week.
- Results need to be given to me by the end of the week of each competition either by e-mail, text or call. My contact details are as follows: e-mail : l.cowgill@btinternet.com
mobile: 07970 493 820.
- I will endeavour to let schools know the winning fruit/Olympian of the Partnership by Monday morning assembly.

Please find enclosed instruction sheets and score boards for all 3 festivals.

Virtual Festival One: DOMES AND DISHES

Competition Week: W/B Monday 9th November

Each team should play each other once in a small round robin tournament the overall positions of 1st, 2nd, 3rd and 4th decided by games won and then points scored.

Equipment: 40 cones

What is the activity?

Domes and Dishes: There are two teams playing each other at the same time in a marked area. One team are making domes by turning the cones up the correct way. The other team are making dishes by turning the cones up-side-down. Put out 20 domes and 20 dishes. The object is for the children to travel around the area and to try and turn as many domes and dishes as possible. Each game will be played for 1.5 mins.

Who will be taking part?

Divide each class into three mixed ability teams, Key Stage1/Foundation Stage classes will be named after fruits as last year, Key stage 2 classes will be named after British Olympians who won gold medals in Beijing.

	FS&KS1	KS2
• Red =	Strawberries	Addlingtons
• Green =	Apples	Ainsleys
• Yellow =	Bananas	Hoys
• Blue =	Blueberries	Ohuruogus

What are the teams doing?

Each team will play the other teams in their own class. Make sure each team play each other.

For example in a KS1 class:

Strawberries v Bananas
Blueberries v Apples
Bananas v Apples
Strawberries v Apples
Blueberries v Strawberries
Blueberries v Bananas

In a KS2 class:

Hoys v Ainsleys
Ainsleys v Addlingtons
Ohurougus v Hoys
Addlingtons v Ohurougus
Hoys v Addlingtons
Ohrougus v Ainsleys

How do we score?

I have enclosed a score sheet for this purpose.

We score the activity by counting how many domes or dishes each team has at the end of each game. Add the scores each team gets from each game together.

The team with the highest score - 4 points

The 2nd team score - 3 points

The 3rd team score - 2 point

The 4th team score - 1 point

As a result of this you will have a winning fruit/Olympian within the class.

The points for each team e.g. strawberries/ Addlingtons will be added to the scores obtained by other strawberry/Addlington teams throughout the school to reach a grand total within your school .

Remember, this will only work if all schools take part in the same week, with the scores being given to me by the evening of Friday 13th November so I can have the breakdown of scores across Bristol and let you know the winning team by Monday morning!

Virtual Festival Two: TREASURE CHEST

Competition Week: W/B Monday 1st March

All 4 teams can play this game at the same time. It will only take 5 minutes so an ideal activity for a warm up!

Equipment: 4 mats (optional), 8 hoops, 40 beanbags

- Divide each class into four Pirate teams
- Place 4 mats (Pirate Ships) at equal distance apart around the side of the hall with two hoops (treasure chests) on each side of the mat.
- Put five bean bags (pieces of treasure) in each treasure chest (hoop) so each team has a pirate ship, two treasure chests and ten pieces of treasure.
- The children sit on their designated pirate ship to start
- The children all start at the same time and 'steal' pieces of treasure from the other pirates treasure chests to put in their own.
- You are only allowed to take one piece of treasure at a time and are not allowed to guard the treasure chest.
- Children continue playing until the time is up.

- At the end of the allotted time each team returns to their pirate ship and the team with the most pieces of treasure is the winner.

Scoring

We score the activity by counting how many pieces of treasure each team has at the end of each game.

- The team with the most treasure – 4 points
- The 2nd team – 3 points
- The 3rd team – 2 point
- The 4th team – 1 point

As a result of this you will have a winning fruit/olympian within the class. The points for each team e.g. bananas will be added to the scores obtained by other 'banana' and 'Hoy' teams throughout the school to reach a grand total within your school.

Remember, this will only work if all schools take part in the same week, with the scores being given to me by the evening of Friday 13th November so I can have the breakdown of scores across Bristol and let you know the winning team by Monday morning!

Virtual Festival Three: Round the World

Competition Week: W/B Monday 2^{1st} June

All 4 teams can play this at the same time. Again, a good warm up activity

Equipment: Depending on which level you choose : beanbags/scarves, balls, hockey sticks, 4 hoops/buckets to put the collected balls in.

What is the activity?

Round The World: This game can be made as easy or as hard as you like. Different options are listed below:

Option 1: Make a large circle out of cones in the middle of the hall/playground. Put as many beanbags/scarves as you have inside the circle. Place 1 team in each corner of the hall/playground. The 1st child in each team run around the circle in a clockwise direction. When they have run completely round the circle (world) that child will go and collect a beanbag from the circle, take it back to their team, high 5 the 2nd child in their team who will then run round the world, collect a bean bag and so on. Continue until all the bean bags/scarves have been taken.

Option 2: Make a large circle out of cones in the middle of the hall/playground. Put as many balls as you have inside the circle. Place 1 team in each corner of the hall/playground. The 1st child in each team runs round the circle in a clockwise direction. When they have run completely round the circle (world) that child will go and collect a ball from the circle, throw it back to their team. If a member of their team

catches the ball, they can keep it. The 1st child returns to their team, gives the next team member a high 5, the 2nd who will then run round the world, collect a ball, throw it back to their team and so on. If the ball is dropped it must be returned to the circle. Balls can be as large or small as you like, or a mixture! Continue until all the balls have been taken.

Option 3: Make a large circle out of cones in the middle of the hall/playground. Put as many small balls as you have inside the circle. Place 1 team in each corner of the hall/playground. The 1st child collects a ball from the circle and dribbles it around the circle (world) in a clockwise direction. When they have gone completely round the world the child returns to their team, gives the hockey stick to the next team member who will then collect a ball, dribble it round the world and back to their team and so on. Continue until all the balls have been taken.

How do we score?

We score the activity by counting the number of balls/beanbags/scarves that have been collected.

- The team with the highest score – 4 points
- The 2nd team score – 3 points
- The 3rd team score – 2 points
- The 4th team score – 1 point

As a result of this you will have a winning fruit/Olympian within the class. The points for each team e.g. strawberries/ Addlingtons will be added to the scores obtained by other strawberry/Addlington teams throughout the school to reach a grand total within your school .

Remember, this will only work if all schools take part in the same week, with the scores being given to me by the evening of Friday 13th November so I can have the breakdown of scores across Bristol and let you know the winning team by Monday morning!

The Teams

Team Hoy (linked with Bananas, named after Chris Hoy Triple Olympic Gold in Cycling at Beijing 2008) **TEAM COLOUR**

YELLOW



Team Adlington (linked with Strawberries, named after Rebecca Adlington, Double Olympic Gold in Swimming at Beijing 2008)

TEAM COLOUR RED



Team Ainslie (linked with Apples, named after Ben Ainslie Olympic Gold in Sailing at Beijing 2008) **TEAM COLOUR GREEN**



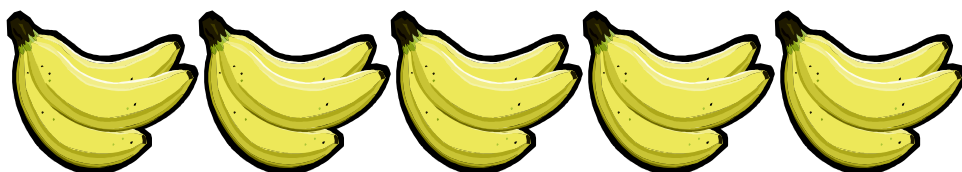
Team Ohuruogu (linked to Blueberries, named after Christine Ohuruogu, Olympic gold in 400m at Beijing 2008) **TEAM COLOUR**

BLUE



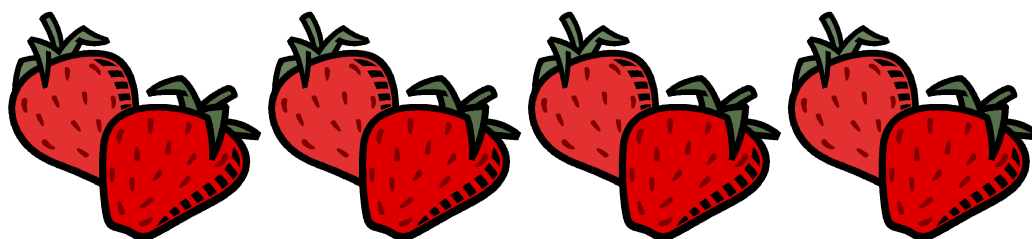


**CHRIS HOY
OLYMPIC GOLD MEDALIST IN
BEIJING 2008**





**Rebecca Adlington
OLYMPIC GOLD MEDALIST IN
BEIJING 2008**





Ben Ainslie
OLYMPIC GOLD MEDALIST IN
BEIJING 2008





Christine Ohuruogu
OLYMPIC GOLD MEDALIST IN
BEIJING 2008



Score Board

4pts - 1st

3pts - 2nd

2pts - 3rd

1pt - 4th

Class	Points			
	 HOY	 OHURUOGU	 ADDLINGTON	 AINSLEY
TOTAL				

